

2023

6th Semester Examination

NUTRITION (Honours)

Paper : C 13-T

(Dietetics and Counselling)

[CBCS]

Full Marks : 40

Time : Two Hours

*The figures in the margin indicate full marks.
Candidates are required to give their answers
in their own words as far as practicable.*

Group - A

Answer any **five** questions from the following :

2×5=10

- ①
- ✓ 1. What do you mean by Naturopathy ?
 2. What are the differences between 'Illusions and Hallucinations'?
 - ✓ 3. What do you mean by execution of software packages ?
 - ✓ 4. 'Psychology is science' — Justify.
 5. Write any two features in favour of diet counsellor as a part of medical team.

P.T.O.

- ✓ 6. Write down the significance of Diet 'Counselling'.
7. Write any two specific goals of 'Medical Nutrition Therapy (MNT)'.
8. What do mean by the term 'Empathy' ?

Group - B

Answer any *four* questions from the following :

5×4=20

9. Write short note on stage-1 counselling skill-genuineness and concreteness. 5
- ✓ 10. What is 'Attention' ? Describe the various factors affecting attention. 1+4
- ✓ 11. Mention the basic sequence in counselling. What are the characteristics of a good counsellor ? 2+3
- ✓ 12. What is the role of yoga in disease management ? 5
- ✓ 13. Explain the term 'Teaching aids'. Discuss about the different teaching aids those are used by dietitians. 1+4
14. Define the term nutrition counsellor. What are the responsibilities performed by nutrition counsellor ? 1+4

Group - C

Answer any *one* question from the following :

10×1=10

- ✓ 15. What are the causes of 'Forgetting' ? What are the types of emotions ? Explain the Psycho analytic theory of personality. 3+3+4

(3)

16. What are the main purposes for using of computers by dietitian ? What would be the appropriate diet counselling plans for renal diseases ? What are the factors affecting food choice of an individual ?

3+4+3
